

Base News Briefs

PROJECT NOBLE SUPPORT

Team Vandenberg has raised more than \$3,500 for Project Noble Support.

Project Noble Support is a series of fundraisers held by different private organizations in the local community. Monies raised will go to the Federal Employees Fund and will be earmarked to help the Pentagon attack victims and their families.

- ♦The 30th Medical Group will hold a car wash Nov. 10 at the Vandenberg Center from 9 a.m. to 3 p.m.

- ♦The 381st Training Squadron is sponsoring a Chiefs vs. Eagles softball game Nov. 15 at 1 p.m. at the softball field.

For more information, call Master Sgt. Tim Knipp at 606-1194.

LOMPOC SCHOOLS CLOSE NOV. 9, 12

The Lompoc Unified School District schools will be closed for a district-wide staff development day Nov. 9 and 12 in observation of Veteran's Day.

POPS HOLD CONCERT, QUILT AUCTION NOV. 18

The Lompoc Pops Orchestra will be holding a free concert Nov. 18 at 6 p.m. in the Pacific Coast Club to help wrap up the 30th Space Wing Sept. 11 fundraisers. The patriotic concert will feature Master Sgt. Quinn Johnson, 30th Contracting Squadron. During the evening oral and silent auctions will take place for patriotic quilts donated by the Allan Hancock College Gabbers quilt class.

LEGAL OFFICE SUSPENDS CUSTOMER SERVICE

The 30th Space Wing legal office will not offer legal assistance from Monday through Nov. 9 due to mission requirements. For questions, call Master Sgt. Charles Smith or Major Edward Damico at 605-6207.

CLUB CONTINUES MEMBERSHIP DRIVE

The Pacific Coast Club is conducting a membership drive through Nov. 18. For more information, call 606-3330.

DIALING PROCEDURES CHANGE NOV. 23

All base telephones will implement the Air Force-wide standard dialing plan for DSN, federal technology service and local commercial access. The following is a list of the dialing plan access codes: 90-DSN

See BRIEFS Page 3

MINI COM, MAIN STORE CHANGE HOURS DURING HOLIDAYS

Nov. 11 - The commissary and mini-commissary closed

Nov. 12 - The main store will be closed and the mini-commissary will be open from 6 a.m. to 6 p.m.

Nov. 19 - The main store will be open from 9:30 a.m. to 6 p.m. and the mini-com will be open from 6 to 9:30 a.m. and from 6 to 9 p.m.

Thanksgiving - both stores will be closed.

Nov. 23 - the main store will be closed, and the mini-com will be open from 6 a.m. to 9 p.m.

Dec. 24 - the main store will be open from 9:30 a.m. to 6 p.m., and the mini-com will be open from 6 to 9:30 a.m. and 6 to 9 p.m.

30th Weather Squadron weekend forecast

Vandenberg will have fog in the morning and mostly sunny afternoons.

Low/High
46/70

Visit the 30th Weather Squadron's website at www.vandenberg.af.mil/30sw/organizations/30og/weather/weather/index.html to get a five-day forecast.

They're here

Inspectors 'eyeball' Team V

By STAFF SGT. ANDREW LEONHARD
30th Space Wing Public Affairs

■ The preparations are over and the show has begun. The time has come for Vandenberg to shine.

The Air Force Space Command Inspector General Team arrived Monday ready to test Team V's skill and mettle.

More than 60 inspectors will evaluate the base's compliance and ability to carry out its mission during the Operational Readiness Inspection scheduled to end Nov. 9 with a wing outbrief.

Is there a key for a great inspection?

Maj. Reginald Williams, 30th Space Wing exercise and evaluations chief, can't put his finger on just one key to make Vandenberg shine.

"I can't pick one element that is more important than another," said Williams. "Just perform your job as you know how."

The inspectors are looking at office and individual compliance with applicable directives and standards, he said.

"They are making sure you cross your t's and dot your i's," Williams said.

In the last ORI, in March 2000, the wing was rated "Excellent" overall, with the strong points in employment meaning the 30th executes its mission with the highest degree of effectiveness and efficiency.

To achieve that rating again Williams said, "Keeping the right attitude will get us through this. Remember to fight the war not the IG."

30th SW commander's Top Ten ways to succeed during ORI

10. Know pass/fail criteria
9. Be professional and honest
8. Have the right attitude
7. Present a professional personal appearance
6. Run your self-inspection checklist

5. Perform with maximum demonstration
4. Display a sense of urgency
3. No repeat write-ups
2. Allow troops to shine
1. Always keep safety in mind

Go Hawks!

Former top chief visits Vandenberg



Chief Master Sergeant of the Air Force No. 5 Bob Gaylor signs an autograph Oct. 24 during his two-day visit to Vandenberg. Gaylor welcomed 50 new master sergeants to the Top Three.

By MASTER SGT. TY FOSTER
30th Space Wing Public Affairs

Twenty-one years after his retirement from active duty, Chief Master Sergeant of the Air Force No. 5 Bob Gaylor's world travels leave him confident in today's Air Force men and women.

For his 35th base visit this year, the chief visited Vandenberg as the guest speaker for the 2001 Senior NCO Induction Ceremony Oct. 24.

During his visit, he spoke with hundreds of Team Vandenberg members.

This level of demand or popularity wasn't always the case, he said. When he retired from active duty in 1979, there were no invitations for him or his peers to be guest speakers.

"There just didn't seem to be an interest in the heritage of the enlisted force," the 71-year-old said. When the Air Force celebrated its 50th anniversary, the surge of interest in enlisted heritage swelled.



Robert McCoy (left) and Jeremy Danton (right), Shane Dotty, 392nd Training Squadron during a helicopter crash scenario Wednesday. 30th Civil Engineer Squadron, "rescue" 2nd Lt.

Since retiring from the private sector in 1995, he's spent his years globetrotting around the world visiting with thousands of enlisted people.

He's happy with what he sees. "I think they're great!" he said proudly. "We're lean but well-trained."

He attributes much of today's Air Force success to better entry-level training.

"I think Lackland and the tech schools are doing the best jobs they ever have," he said. He also likes what he sees in the professional military education and indoctrination courses.

"We're doing things now that we should've been doing all along and it's made things better," the San Antonio resident said. "In my early Air Force days, there was a lot of 'Don't do as I do, do as I say.' I think now we realize that the supervisor has to model the behavior - to demonstrate it."

That very reason is why he

leaves his wife, Selma, to visit with today's airmen.

"We get on a word or a phrase and we begin to use it quite extensively - like mentoring - and we don't always stop to define it," the chief said. "I'm a mentor and I want them to see it and to hear it - not just read (about) the importance of mentoring."

While Gaylor espouses the service's core values, he's quick to admit he's not perfect.

"I know my shortcomings and I try to work on them, but I know my strengths and I try to capitalize on them," the former top enlisted man said. "That's what a supervisor should try to do."

He feels fellow supervisors can play upon each other's strengths to overcome their weaknesses.

"We need to - instead of clashing with our styles - look for ways to compliment and balance the different styles," he said.

As a former leadership and management instructor, the chief

keeps his ear to the ground on supervisor and subordinate relations at all levels.

"If my boss wants me to be loyal to him - he has to be loyal to me," he said. "If he wants me to keep him informed - he has to keep me informed."

He said he doesn't believe anyone can be a great leader until they've first learned to follow.

"If I want you to trust and have confidence in me as your follower, then when I'm given (your) confidence, I have to demonstrate that I can handle it," Gaylor said. "It's not just 'give me,' I have to show that I can handle that confidence."

He doesn't believe there's an airman in the Air Force who doesn't want to do well.

"I've never met an airman who said, 'I came in the force so I could screw up - I just wanna mess around,'" he said.

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Team V comes together

By 2nd LT. KELLY MASTERS
30th Space Wing Public Affairs

■ Separations are hard on families, and members of Team Vandenberg are working diligently to help make those separations easier by offering support and services through a program called Global Hearts.

Global Hearts is open to anyone whose spouse is deployed, serving on a remote unaccompanied tour or TDY for more than 30 consecutive days, according to Kim Saheim, the services center program director.

"Our goal is to help make these separations more bearable on the people left behind," she said.

In an unprecedented Vandenberg union, the Family Support Center is joining forces with the base chapel, and the services squadron in an effort to breathe new life into an existing spouses' program, Saheim said.

"The Family Support Center has always had a spouses' group," said Tech. Sgt. Todd LeFebvre, NCO in charge of family readiness.

"We're trying to enhance it by including the services squadron and the chapel," LeFebvre added.

Chaplain (Maj.) Dave Terrinoni, senior protestant chaplain believes that by maximizing resources unique

to each organization, Global Hearts has indeed been enhanced to help families cope with being separated.

One concern is shared household chores become time intensive for one person to do alone, Saheim said.

Since the program is all-volunteer based, some of the new services offered, including lawn care and car maintenance only cost time, which is something volunteers are more than happy to give.

"The best testament of this program is the people behind it," Saheim said. "The volunteers embody the best part of the human spirit."

Some other services include "Meals on Wheels" which is thrown into operation when someone gets sick or injured, according to Terrinoni.

Volunteers will prepare and deliver meals whenever mom or dad is unable to cook.

The same is true for the transportation team. They will take people to medical appointments, the BX or commissary when the family member is unable to drive.

The American Red Cross is teaching a babysitting course here next month, Saheim said, where VAFB

pre-teens and teenagers can learn child care and infant CPR in order to provide what may be one of the most valuable commodities - babysitting.

There's even a group of volunteers being gathered to deploy as "Santa's Elves," helping to put together those complicated Barbie Dream Houses and race tracks before Christmas Eve.

While deployments, serving on unaccompanied remote tours and being sent on TDY assignments are an accepted part of military life, the fact remains: separations are hard on families, as Lt. Col. David Cannon, the 30th SVS commander knows.

"The services squadron doesn't have a mobility commitment - our mission is to stay in place and take care of Team Vandenberg," he said.

Wanting to ensure families have a night out and a break from cooking once a week, the services squadron worked to have the Breakers dining room open its doors every Thursday night.

By offering great salads, stir-fry, burgers and fries - there's something for everyone at a seriously discounted rate, according to Cannon.



Wyatt Foster lends a hand to a deployed neighbor by volunteering time to mow her yard.

Others are quickly joining to help the cause. The Bowling Alley is offering 75 cent bowling to the families whenever there's a lane open and the massage therapist on base is giving discounts to help ease physical tensions.

"In the past, each organization had separate, 'almost competing' programs," LeFebvre said. "This way, working together as a team, it's better for everyone."

Three base organizations working together typifies the spirit of the program. "The Family Support Center has the infrastructure to be a

great point of contact. They also have all of the loan closets available to them," said Terrinoni. "The chapel has financial support and people. And the services squadron has, well, services and marketing talents." It takes all of the strengths of each to gives our families the support they need.

In addition to the services offered, Global Hearts gathers once a month for a meeting and activity. This gives people a chance to network and form a tighter community.

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Community Events

Meetings, events, movies

Preparing for death

Living will, Medical Power of Attorney can help make sure your wishes are honored

By CAPT. DUANE BIRD
614th Space Operations Squadron

A will is limited in that it only takes effect after you die. What happens if you become incapable of making or communicating your decisions regarding healthcare?

According to Capt. Michael Christy, chief of civil law at Vandenberg’s base legal office, if you are injured or your health deteriorates to such an extent, there are two routes doctors can take. If you have nothing in writing as to your wishes, a court proceeding is required and a judge will appoint someone to make decisions for you. This costs money, is time-consuming and may not result in your wishes being followed.

On the other hand, you can complete legal documents, known in California as a Living Will and a Medical Power of Attorney, said Christy. Since there is no overriding federal law governing healthcare directives, be sure to check with local legal experts about these directives.

The following is true in California and several other states:

A Living Will takes effect only if you’re diagnosed with a terminal condition, in a permanent coma or

in a persistent vegetative state with no reasonable likelihood of recovery. It cannot be used if you are able to communicate to doctors in any way. A Medical Power of Attorney can go into effect the minute you sign it or only if you become unable to communicate your own healthcare decisions.

A Living Will is a declaration you make which spells out your wishes regarding what you want and do not want to receive for medical care if you become incapacitated. A Living Will directs that all life-prolonging procedures be provided/withheld or that some be provided, while others are withheld.

The Medical Power of Attorney establishes another person or persons, known as an Attorney-In-

■ Base legal’s customer service normal operation hours are Tuesday, Thursday, and Friday from 7:30 to 8:30 a.m. and Wednesday from 4:30 to 5:30 p.m.

Fact, who you appoint and trust to make medical decisions for you and to ensure that your wishes are being followed. When choosing an Attorney-In-Fact, choose someone who:

- ♦ Understands your wishes and whom you trust to follow those wishes.

- ♦ Is likely to be present when decisions need to be made – most often, this means someone who lives nearby or who is willing to travel and spend time at your side during your hospitalization.

- ♦ Would not easily be swayed or bullied by doctors or family members who disagree with your wishes.

- ♦ Who is capable of understanding your medical condition and any proposed life-prolonging measures.

You should also choose a back-up Attorney-In-Fact to act if your first choice is unable or unwilling to serve. Once you have your documents drawn up, make sure that you keep them up-to-date. Review your documents periodically to be sure that they reflect your present wishes and are in the current format.

In the event of a conflict, the Living Will takes precedence over the Medical Power of Attorney. This means that your appointed person cannot rescind your wishes on life-prolonging procedures if they are specified in the Living Will.

You will want to make copies of your documents and give them to your regular physician, your Attorney-In-Fact, the care facility in which you are likely to receive treatment, your HMO or insurance plan, close relatives, trusted friends and your clergy or lawyer if family do not live nearby. Keep track of who you give copies to so that if you change the documents you can get the old copies back to destroy them. You can change your documents at any time as long as you remain of sound mind.

Commander’s Action Line

Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence. Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander’s Action Line is your direct communication link to me. It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back. I appreciate your input, and I am personally involved in every response.

While the Commander’s Action Line is a great way to communicate, don’t forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials, and many other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number.

Call or e-mail at 606-7850 or actionline@vandenberg.af.mil



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Col. Robert M. Worley II, 30th Space Wing commander, discusses Operational Readiness Inspection topics with Team V during his Oct. 26 commander’s call.

Handy phone numbers		
EMERGENCY.....	911	Visitor control center.....
Information.....	411	Fitness center.....
Poison control.....	800-876-4766	Chaplain (after hours)
Clinic appointments.....	606-4077	Red Cross (duty hours)
Healthwise line.....	888-252-3299	Red Cross (after hours).....
TRICARE services.....	800-242-6788	EOD (duty hours).....
Law enforcement.....	606-3300	EOD (after hours).....
Housing maintenance.....	734-5586	Pest Control.....
Child Development Center.....	606-1555	Base operator.....
MPF customer service.....	606-7756	Public tours.....



Col. Robert M. Worley II.....30th Space Wing Commander
Capt. Tom Knowles.....Director of Public Affairs
Master Sgt. Ty Foster.....Chief of Internal Information
Staff Sgt. Andrew Leonhard.....Editor
2nd Lt. Michelle Mayo.....Staff Writer
Airman 1st Class Jessica Ramos.....Photographer

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week before publication. Send submissions to: 30SW/PA, 747 Nebraska Ave., Room A-105, VAFB, CA 93437; via fax at DSN 276-8303 or commercial (805) 606-8303; or by e-mail to Space&MissileTimes@vandenberg.af.mil. Questions regarding the paper can be directed to the *Space & Missile Times* staff at (805) 606-2040.

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flash override (old code 80); 91 - DSN flash (old code 81); 92 - DSN immediate (old code 82); 93 - DSN priority (old code 83); 94 - DSN routine (old code 88); 98 - FTS (old code 84); 99 - local commercial access (old code 9). For more information, call Rick Boyle at 605-7191 or William Duffy at 606-8227.

OKC STAFF NEEDS VOLUNTEERS NOV. 10

The Operation Kids' Christmas staff needs volunteers to wrap Christmas presents from 10 a.m. to 2 p.m., Nov. 10 in preparation for the Dec. 1 party. Family members are welcome! For more information, call Capt. Kendall Stevenson at 606-1541, Ext. 3618.

BREAKERS HOLDS FAMILY DINNER NIGHT

The 30th Services Squadron staff offers a weekly dinner Thursday at the Breakers dining facility from 6 to 7 p.m. The dinner is open to all family members of personnel deployed in support of an overseas operation. To participate, family members must bring a copy of their spouse's orders to the services squadron front office (Bldg. 11013 across from Bldg. 11777). For information, call 606-5031.

MED GROUP CANCELS INPROCESSING

The One Stop Healthcare Shop medical inprocessing scheduled for Wednesday has been cancelled. The next regularly scheduled medical inprocessing will be from 7:30 a.m. to 12:30 p.m. Nov. 21 in the 30th Medical Group staff auditorium.

AIR FORCE ROTC BRIEFINGS NOV. 16

Representatives from Fresno State University, Detachment 35, will present an informative briefing on commissioning opportunities through Air Force Reserve Officer Training Corps. The briefings are from 10 to 11:30 a.m. and 3 to 4:30 p.m. Nov. 16 in the 381st Training Group's Auditorium located in Bldg. 8290. For more information, call Maj. Phil Byrd at 606-1541, ext. 3403.

NEW DEADLINE FOR SPOUSE SGLI

Service members now have until Dec. 31 to make an election not to cover their spouses and receive a full premium refund for November and December. The

purpose of this two month grace period is to allow members sufficient time to make an election that spousal coverage is not warranted. For more information, call military personnel flight customer service at 606-2276.

COL., LT. COL. BOARDS TO CONVENE

The CY01B lieutenant colonel and CY01B colonel central selection boards are scheduled to convene Monday and Dec. 3 at the Air Force Personnel Center, Randolph AFB, Texas. The specific eligibility criteria for the board is located on the 30th Space Wing promotions and awards website at https://intranet.vandenberg.af.mil/organization/30sg/30mss/military_personnel/promotion_boards/index.htm

AIRMEN ELIGIBLE FOR RETRAINING

First-term airmen are eligible to apply for retraining no earlier than the first duty day of the month during which they complete 35 months of the current enlistment but no later than the last duty day of the 43rd month of their current enlistment. For information, call personnel employment 606-7681.

DORM MANAGER POSITION OPENS

The 30th Support Group has an immediate opening for a dorm manager. The position is open only to staff sergeants. Applicants must send a letter of recommendation signed by their commander and copies of their last three EPRs. For information, call Senior Master Sgt. Brian Joseph at 606-2990.

CAR REGISTRATION DECALS EXPIRE SOON

The 30th Security Forces Squadron pass and registration office reminds base drivers to ensure their vehicle registrations are updated before the end of the year. The "01" Air Force Form 2219 expires Dec. 31. Everyone assigned to Vandenberg is required to register their privately-owned vehicles on base. Registration must be done within three workdays after the vehicle initially enters the base. This is required regardless of the expiration date on the Air Force Form 2219, *Year Expiration Tab*, issued at the member's last assignment. For information, call pass and registration at 606-1853.

Project Good Neighbor - lending helping hand

By MASTER SGT. TY FOSTER

30th Space Wing Public Affairs

■ It's an unfortunate reality in today's world. Some families have to stretch their budgets to the breaking point just to make ends meet. During the holiday season, their reality is even more painful.

Vandenberg is no exception. "We have Air Force people with low incomes and folks on food stamps who need help during the holidays," said Master Sgt. Mark Reed, 30th Civil Engineer Squadron first sergeant.

Enter Project Good Neighbor. Similar to Operation Warm Heart at other bases, PGN is managed by the First Sergeants Council.

"The program provides financial assistance to families in need during the holiday season by providing Thanksgiving food baskets, minor holiday grants or commissary/super-market vouchers," Reed said.

Beneficiaries of PGN food and grants are nominated through their supervisory chain of command or they may go directly to their first sergeant, he said. Last year, PGN provided food and grants to about 125 Team Vandenberg families.

With that many mouths to feed, the first sergeants keep pretty busy trying to raise funds.

"All of the funds come from

fundraising events such as the annual Project Good Neighbor Golf Tournament or donations from individuals, companies or corporations," Reed said. The tournament raised nearly \$6,300, falling short of the \$10,000 goal for this year.

Reed said that while the golf tournament is their largest fundraiser of the year, other income sources further PGN's humanitarian cause.

"This year we saw a surge of support from our civilian community," he said. Local businesses, contractors and individuals kicked in donations to bolster PGN's coffers.

Money puts a big dent in PGN's mission and while cash donations are always welcome, people can also help the project's effort by donating to the base food pantry or the Airman's Attic.

The 381st Training Group's Rising Six Association is holding a food drive this weekend at the commissary from 10 a.m. to 4 p.m. each day.

A couple of months ago the group raised about \$3,000 in donated goods, said Airman 1st Class Kevin Vigil, 392nd Training Squadron information manager. Now, the pantry is low, so it's time to restock it.

"We have the opportunity to help other families on base," he said. "The food pantry is assisting about 60 families on base and they don't have

PROJECT GOOD NEIGHBOR QUICK LIST

- The First Sergeants Council always welcomes cash donations in support of Project Good Neighbor. The Airman's Attic and base food pantry support the PGN endeavor.
- During the holidays, the base food pantry always needs:
 - ♦ Canned food items such as corn, green beans, yams, soups, fruit, cranberry sauce and pork and beans.
 - ♦ Boxed items such as Jello, puddings, stuffing, instant potatoes, cake mixes, Tuna, Hamburger and Chicken Helper.To arrange a canned food drive, call Darlene Horne at 606-2960 or the Family Support Center at 606-0039.
- The Airman's Attic needs the following household items in clean and good working order:
 - ♦ Furniture such as dining tables and chairs, beds, dressers and couches.
 - ♦ Appliances such as vacuum cleaners and irons.Airman's Attic volunteers will pick up large donations at people's homes. To arrange for a large donation, call 606-5484 or 606-4225.
- Smaller items and food may be dropped off at the Airman's Attic or the food pantry located in back of the Family Support Center on Nebraska Avenue.

enough food on hand – we feel it's our duty to assist."

Other units are stepping up to help as well.

"We're looking for turkey or cash donations for the food pantry," said Master Sgt. James Webb, 614th Space Operations Group chief of standardization and evaluation. Originally intended to support Thanksgiving, the turkey drive grew to encompass the entire holiday season.

"With the holidays coming, it's a good time to give," he said. "We figure with everybody supporting the current defensive posture, it's a good time to take care of our own folks."

Those who would like to donate a turkey or cash for the food pantry may call Webb at 605-5089.

People, companies or corporations who wish to contribute to the PGN cause may call Reed at 606-7358 or see their first sergeant.

Chief wouldn't change a thing in today's Air Force CHIEF from Page 1

"They want to do well. I think the supervisor's job is to provide a work environment and climate that allows them to do well.

"Possibly the leader's finest act is to allow each worker (to achieve) their potential," the chief said.

Having a sense of direction, of purpose, is imperative to individual and unit success, he said.

"Aim at nothing and you'll hit it," Gaylor said. "You gotta know where you're going and the people need to know."

In all his travels and speaking engagements, one thing is apparent to the chief – he wouldn't change a thing in today's Air Force.

Pulling a line from the drill manual, he offered three words for followers and leaders alike – "Continue the march."

Team Vandenberg Spotlight



PHOTO BY AIRMAN 1st CLASS APRIL MUNIZ

Name: Master Sgt. Richard Eckart
Assignment: 532nd Training Squadron training manager
Hometown: Evansville, Ind.
Time on Vandenberg: Four years
Proudest achievement: His family. "I've been married for more than 20 years and have two wonderful children -- Elena and Anthony."
Supervisor's comments: "Rich sets the standard for all to follow in the squadron," said Lt. Col John Anderson, 532nd Training Squadron commander. "His aggressive lean-forward leadership is contagious. He handles all permanent-party issues, instructor manning assignments and he's heavily involved in course changes which effect our support to the warfighter with regard to qualified technicians being sent to the wing. As the commander, I rely on his sound bullet-proof inputs to help make the correct decision. Sergeant Eckart is a catalyst and great role model."



Vandenberg honors November promotees

■ Team Vandenberg recognized its newest promotees Thursday during the monthly induction and promotion ceremony held at the Pacific Coast Club.

Forty active-duty members ranging from airman first class to captain will tack on their new rank this month.

ENLISTED PROMOTIONS

Airman first class

Zachry Burr	30 th Security Forces Squadron
Jessica Mendoza	30 th SFS
Gilberto Ontiveros	532 nd Training Squadron
Jamie Palewicz	614 th Space Operations Squadron
Megan Barford	614 th SOPS
Valerie Brunelle	30 th SFS
Patrick Burns	30 th SFS
Michael Hall	30 th SFS
Stephan Kesterson	30 th SFS
David Lukas	30 th Communications Squadron
Steven Meartha	30 th SFS
Michael Minkler	30 th SFS
Matthew Mitchell	30 th Weather Squadron
Lamell Mobley Jr	30 th SFS
Justin Mullins	30 th SFS
Shaun Newton	30 th Civil Engineer Squadron
William Riney Jr	30 th SFS
Linda Smith	30 th Mission Support Squadron
David Sparks	30 th SFS
Jenifer St Germain	30 th CS
Aaron Ronald Zavala	30 th SFS

Staff sergeant

Jason Bodine	30 th SFS
Jeanette Marie Copeland	30 th CS
Jon Copeland	576 th Flight Test Squadron
Michael Eggleton	576 th FLTS
James Eselgroth	30 th SFS
James Gardner III	30 th SFS
James Leonard Jr	576 th FLTS
Nathan Whalen	30 th SFS

Technical sergeant

Jeffrey Berndt	30 th SFS
Lee Breland	532 nd TRS
Allan Haltom	14 th Info Warfare Flight
Parry Malae	30 th Aeromedical-Dental Squadron

Charles Newton

John Deeney	30 th Space Wing
Rodney Gates	30 th SW
Purcell Joseph	2 nd Space Launch Squadron
Gordon King	576 th FLT
Samuel Treat	30 th SFS

OFFICER PROMOTIONS

Captain

Patrick Kennedy	30 th Medical Support Squadron
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Major

Edward Coligny	392 nd TRS
Jean Eagleton	30 th MDSS
Mary Hanson	Air Force Operational Test and Evaluation Center



CONGRATULATIONS
HAWKS!!

X-35 wins dogfight



AIR FORCE PHOTO

The Lockheed version of the Joint Strike Fighter, known as the X-35, flies over Edwards. The Department of Defense selected the X-35 over Boeing's X-32B Oct. 26 as the next generation multi-role fighter aircraft. The aircraft has been designed to meet the demands of the Air Force, Navy and Marine Corps as well as other countries world wide.

Court sentences 30th SFS airman to four months confinement

By 2nd Lt. JOSHUA FRIEDMAN
30th Space Wing legal office transition student

■ An airman from the 30th Security Forces Squadron was sentenced to four months confinement, a reduction in grade to airman basic and a Bad Conduct Discharge during a special court-martial here Oct. 3.

Airman Jerald Boykin pleaded guilty to violating Article 112a of

the Uniform Code of Military Justice.

His plea included smoking marijuana off duty, smoking marijuana while posted as a sentinel at the Vandenberg Tracking Station and introducing marijuana onto an Air Force installation with the intent to distribute.

In the sentencing portion of the court-martial, defense counsel presented several statements and wit-

Global Hearts can assist to form tighter community

HEARTS from Page 1

“Although you go through similar experiences -it’s never the same for everybody,” Saheim said. The shape a marriage is in, financial situations and special needs of children all factor in to make each separation difficult in unique ways.

Addressing some of these difficulties, mental health will be giving a lecture to the group on managing stress.

It’s important to come together and help one another.

Veteran spouses make excellent mentors for spouses new to the

challenges of military life.

“You need to step out of your house and allow yourself to be helped,” Terrinoni said. “If you don’t tell someone your need then you’ve deprived them their opportunity for stewardship.”

“There’s a lot of excitement surrounding this program,” Saheim said. “We’re all invested in making sure it continues to grow in people and services.”

Anyone wishing to become a volunteer or wanting more information about meetings and activities, should call the Family Support Group at 606-0039.

Community Calendar

EVENTS

2 FRI The Circle Bar B Dinner Theater in Santa Barbara presents the Neil Simon play **“Rumors”** today through Nov. 11. Show times on Fridays and Saturdays are at 8:15 p.m. and Sunday at 2 p.m. Call (805) 965-9652 for information.

3 SAT The Los Angeles Kings are sponsoring **2001 Military Discount Day** Saturday. Visit the amazing Staples Center and watch the L.A. Kings vs. Atlanta Thrashers at 1 p.m. Discount ticket prices range from \$18 to \$68 and include a free Kings Hat. For more information, contact Danni Greenberg at (213) 742- 7205.

People can enjoy the challenge of a 25-, 50- or 100-mile bike ride during the **Prelude Bike Ride** in Solvang on Saturday. For more information, call (562) 690-9693.

4 SUN The Santa Barbara News-Press is sponsoring a **half-marathon and 5k run** scheduled for 8 a.m. Sunday at Leadbetter Beach. The event will benefit the Boys and Girls Clubs of Santa Barbara County and the Santa Barbara Athletic Association. For more information, call (805) 892-2250.

5 MON The **Santa Barbara Symphony** will be performing works by Ravel, Paul Hindemith and Beethoven Sunday at 8 p.m. and Monday at 3 p.m. at the Arlington Theatre. For more information or to purchase tickets, call (805) 963-4408.

The **All Saints’ Festival Concert and Evensong**, featuring the Santa Barbara Boys Choir, will perform Monday at the Trinity Episcopal Church, 1500 State Street. For more information, call (805) 965-7419.

9 FRI Las Floralias Flower Arranging Club will host the **Holiday Flower Arranging Show** from noon to 5 p.m. Nov. 9 and from 10 a.m. to 5 p.m. Nov. 10 at Emanuel Lutheran Church, 3721 Murdoc Road in Santa Barbara. For more information, call (805) 967-0016.

Joe Nightingale School presents a **musical performance honoring the armed forces** on Nov. 9 at 9 and 10 a.m. Admission is free. For more information, call Joe Nightingale Elementary at (805) 938-8650.

**AT THE MOVIES**

Today
TWO CAN PLAY THAT GAME
When Shante catches her boyfriend stepping out with her rival, she institutes a plan to get her man in line. Rated R.

Saturday
HARDBALL
Tragedy strikes a man coaching a little league baseball team and teaches him a valuable lesson in life. Rated PG-13.

Sunday
HARDBALL
All movies start at 7:30 p.m. unless otherwise noted.

10 THU **March for American Heroes**, a 5-kilometer march to honor veterans of World War II and the heroes of the Sept. 11 terrorist attacks will begin at the Shell Beach School Nov. 10 at 8 a.m. For more information, call the Pismo Beach Chamber of Commerce at (805) 773-4382.

California’s Grandest Celebration of Veterans, Pismo Beach’s 23rd Annual Veterans Day Celebration will be held Nov. 10 and 11 at the Pismo Pier. Events include a **Veteran’s Memorial Ceremony** at 10 a.m. Nov. 11 to honor World War II veterans. Col. Robert M. Worley II will be the keynote speaker. For more information, call the Pismo Beach Chamber of Commerce at (805) 773-4382.

The **Peppertree Ranch Art Show** will be held on Nov. 10 and 11 in Solvang. For more information, call (805) 688-6205.

13 TUE The Vandenberg Spouses’ Club has scheduled a **fashion show luncheon** at the Historic Santa Maria Inn, 801 S. Broadway in Santa Maria, at 11 a.m. Nov. 13. The fashion show and lunch will start at 11:30 a.m. Cost of the lunch is \$15. For reservations or more information, people whose names begin with the letter A through K should call Stacy Henson at 734-7344. People whose names begin with the letter L through Z should call Dawn Ordan at 734-2218. **Make reservation by Tuesday.** New members are also welcome.

15 THU The **Great American Smokeout** kicks off Nov. 15 at the commissary from 9 a.m. to 12 p.m. and at the base exchange from 1 to 3 p.m. The event is an effort to support people who are trying to quit smoking. Everyone who turns in their cigarettes or chewing tobacco to the Health and Awareness Center that day will receive a free gift. For more information, call the Health and Wellness Center at 606-2221.

16 FRI Representatives from Fresno State University, Detachment 35, will give an informative briefing on commissioning opportunities through **Air Force Officer Training Corps (AFROTC)**. Two briefings at 10 a.m. and 3 p.m. will be held Nov. 16. Briefings will be at the 381st Training Group auditorium in Bldg. 8290. For more information, call Maj. Phil Byrd at 606-1541, Ext. 3403.

17 SAT The **13th Annual Texas Blowout**, a fundraiser for Operation Kids’ Christmas, will be held Nov. 17. Social hour begins at 6 p.m. with dinner to follow at the Pacific Coast Club. There will be music, karaoke, dancing, games and more. To sign up, contact your unit Texas Blowout POC. Deadline for entry is Thursday. Call Capt. Larry Kimbrell at 606-1938 or Capt. Angela Stickels at 606-5833 for more information.

The State Street Ballet will perform the classic **“Giselle”** with an international cast of dancers Nov. 17 to 19. Performance times vary. Call the Lobero Theatre at (805) 963-0761 for more information.

23 FRI The Santa Maria Civic Theatre presents **“Fruitcakes,”** a production of music and laughter written by Julian Wilkes, Nov. 23, 24, 30 and

Dec. 1, 7, 8, 14, and 15. Doors open at 7:30 p.m. and curtain time is at 8 p.m. Call (805) 922-4442 to make reservations.

24 SAT The Los Olivos Gallery is hosting a **Holiday Art Show** Nov. 24 and 25. For information, call (805) 688-1222.

25 SUN Volunteers are needed Nov. 25 to participate in **Standing For America**, a commemorative event honoring those who lost their lives Sept. 11. The times and locations are as follows: 8 a.m. in Atascadero (El Camino Real at Santa Rosa Ave), noon in San Luis Obispo (Cuesta College Campus), and 3:30 p.m. in Arroyo Grande (Grand Ave). If you are searching for a unique way to express thanks on Thanksgiving weekend and would like to participate in this special event, contact Anet Carlin at (805) 466-4653 or (805) 546-3100, Ext. 2525.

26 MON Organist David Gell, will perform in the **16th Annual Advent Organ Series** at 3:30 p.m. Nov. 26 at the Trinity Episcopal Church in Santa Barbara. For more information, call (805) 965-7419.

29 THU The Harbor Restaurant and Longboards in Santa Barbara will host a **buffet and silent auction** benefit for the Unity Shoppe Nov. 29. The event includes wine tasting. For more information, call (805) 963-5339.

30 FRI The benefit for Unity Shoppe **Kids Helping Kids at the Zoo** will be on Nov. 30. Free admission for those who donate a can of food or a new toy. For more information, call (805) 962-5339.

Classes
6 TUE The Family Support Center will offer an **Understanding Redux and the Thrift Savings Plan** workshop Monday at 9 a.m. Eligible members will receive information on this new Career Status Bonus and Thrift Savings Plan. Get the information

Come nearer -- if you dare!



PHOTOS BY AIRMAN 1ST CLASS JESSICA RAMOS

Senior Airman Dean Roger III (right), 30th Transportation Squadron vehicle operator, frightens Jonah L. Justice (left front), son of Staff Sgt. Jesse Justice, 30th Communications Squadron. Julia Stoehr (right back) and Harumi Stoehr (middle), dependants of Senior Master Sgt. David Stoehr, look on.

you need to make your decision. For registration and information, contact Jimmy Camacho at 606-4491.

6 TUE An **Individual Transition Plan** session is offered every Tuesday morning from 8 to 9 a.m. except during the transition assistance seminar week. An ITP is required for military members scheduled to retire or separate at least 90 days before they leave the service. The mandatory counseling session includes information about service member’s benefits. Spouses are welcome and encouraged to attend. Call Sunny Park at 605-0134 for information.

S 30th Services

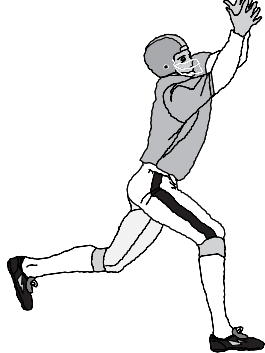


NEWS

FOOTBALL Frenzy 2001

at the Pacific Coast Club

WIN PRIZES! FOOTBALL TOSS! FOOD! FUN!



GAME SCHEDULE

Dec. 3
Green Bay
vs.
Jacksonville

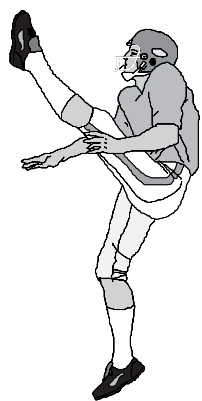
Dec. 10
Indianapolis
vs.
Miami

Dec. 17
St. Louis
vs.
New Orleans

Dec. 22
Tennessee
vs.
Oakland

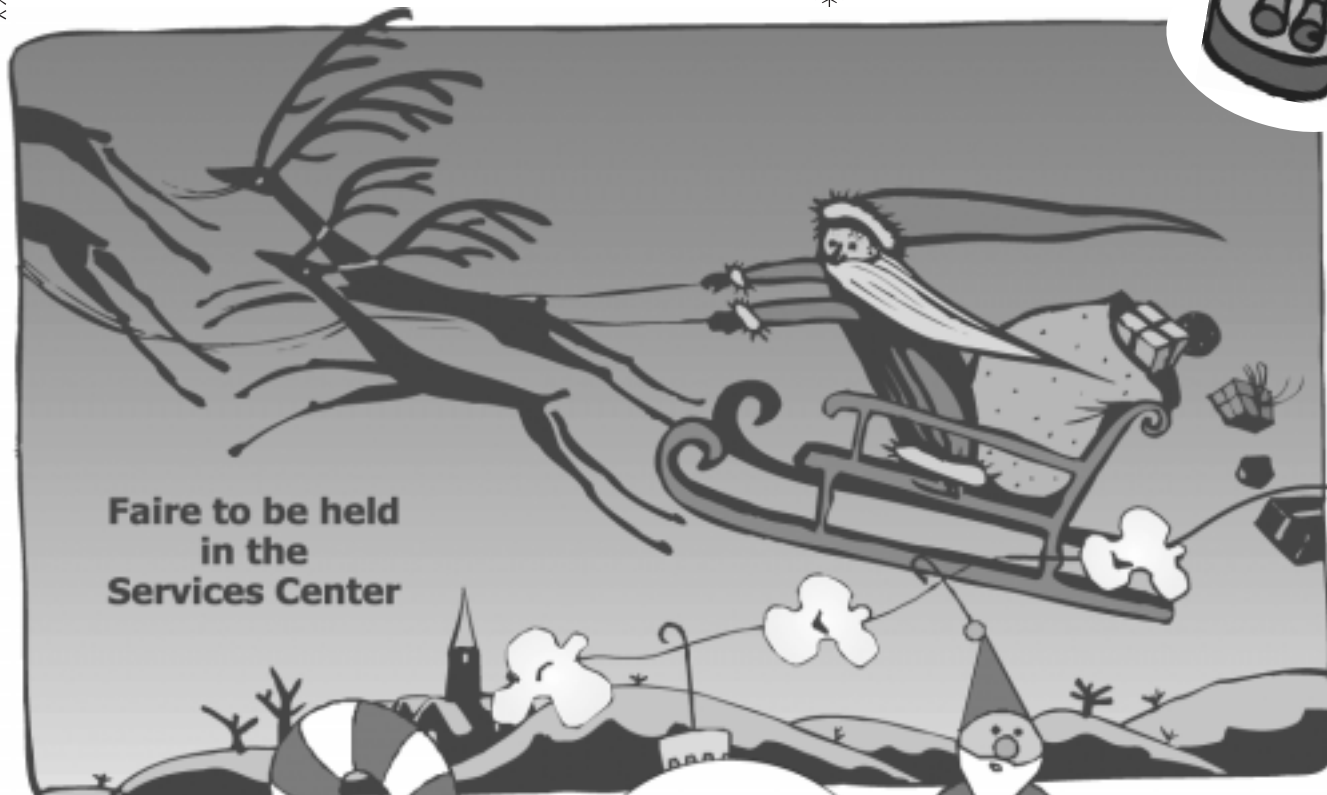
Dec. 29
Baltimore
vs.
Tampa Bay

Call the Pacific Coast Club at 606-3330
for more information.



Arts & Crafts FAIRE

ALL CRAFTERS WELCOME!



Faire to be held
in the
Services Center

Saturday
December 8th
9 a.m.
to 3 p.m.

\$15
per space
sign up at
Skills Development
or
Services Center

For details
call the
Services Center
at 605-8974 or
Skills Development
at 606-6438.

Deadline for Vendors to sign up is November 30!

Why Be A Family Child Care Provider?

- A good way to provide playmates and companionship for your own children.
- A way to add to the family's income without having to work outside the home.
- You provide care for military/DoD families.
- You have the satisfaction of self-employment in your own home.
- Because you enjoy children and having them in your home.

For more information on becoming a licensed Family Child Care Provider please contact Gwen Jones at 606-3255 or 606-4639.

*A Profession Where One Person
Makes A Difference!*

V.I.T.T.

Largest Discount Mall in California!

Discount Shopping
at the
Camarillo DISCOUNT MALL

Nov. 23

7:30 a.m. \$35 per person

For information call Tickets & Travel at 606-7976.

GOLF

SATURDAY -
VAFB vs. SIMI HILLS
Tee times, 9-10:30 a.m.



**Tuesday & Thursday
Only!**

**GLOBAL HEARTS
GROUP
Members
\$5 off regular
ONE-HOUR MASSAGE**
(regularly \$40)
plus
**Double-stamp on V.I.P. card
towards a free massage.**
By appointment only.
Call 605-4748

FITNESS CENTER

BOXING CLUB -
Monday & Friday, 6:30 to 8 p.m. For more information
contact Don Green at 733-2245 or 733-4275.

30 MINUTE MANIA - New Incentive Program!
Patrons who complete a 30 minute workout can
win great prizes. Every time you complete a 30
minute workout stop by the front counter and pick
up an entry form for that month's drawing.

WOMEN on WEIGHTS -
Fitness Center, Tuesday, 9 to 10 a.m.

MEN on WEIGHTS -
Fitness Center, Thursday, 9 to 10 a.m.
These are basic level programs to help beginners
learn form and exercises in the weight room.
Call Fitness Center for more information, 606-3834.

BOWLING

THUNDER ALLEY and ROCK 300 -
Every Thursday, 6 p.m., \$6 unlimited bowling. Fri-
day 10 p.m. to 1 a.m. and Saturday, 9 p.m. to 12
p.m. 3 hours bowling for \$8. Discount for youth
bowlers with Youth Center ID card, \$6 for 3 hours.
Music on request and fun for all!

FITNESS CENTER

**Fall Frenzy Lunchtime
FLAG FOOTBALL TOURNAMENT**

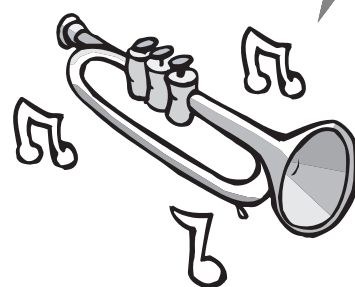
Friday, 12 p.m. at the Base Football Field

LIVE BAND! 'Dezier'

in the **HAWK'S NEST!** Friday - 8 p.m.-12 a.m.



Latin Night



Nov. 9
in the HAWK'S NEST
9 p.m. to 2 a.m.